

Louzan 1000

Km Vertical

Lista de Inscritos



| Num | Atleta | Equipa | Gender | Classe |
|--------------|--------------------------------|--------------------------------|--------|--------|
| GERAL | | | | |
| | Alba Briones Abranches | CCDPJCOIMBRA | | |
| | Alice Fernandes | | | |
| | Ana Cristina Carvalho dos Sant | | | |
| | Ana Filipa Soares Antunes | | | |
| | Ana Gabriela Pereira | | | |
| | Ana Sofia Gomes | | | |
| | Anabela Ventura | | | |
| | Carla Barros | Cronobandeira | | |
| | Daniela Catulo | | | |
| | Eugénia David Fernandes | | | |
| | Fátima carvalho | Cronobandeira | | |
| | Gonçalo Ventura | | | |
| | Graça Soares | | | |
| | Ines Barroso | | | |
| | Joao Branquinho | | | |
| | Luís Rafael Nascimento | | | |
| | Maria Ferreira Francisco | | | |
| | Maria Helena Gomes Correia | | | |
| | Patrícia Martins | Pickle Films | | |
| | Patrícia Raquel Gomes Barreto | Cronobandeira | | |
| | Paula Briones | CCDPJCOIMBRA | | |
| | Pedro David Martins Dias | | | |
| | Rita Andrade | | | |
| | Sara Lopes | | | |
| | Teresa Baptista | Cronobandeira | | |
| 1001 | José António Rodrigues Sequeir | Trialmotor Online Trial Shop | Men | SENIOR |
| 1002 | Pedro Tomás Luiz | Correr na Cidade Running Crew | Men | SENIOR |
| 1003 | Armando Ventura | Correr na Cidade Running Crew | Men | M60 |
| 1004 | José David Fernandes | | Men | SENIOR |
| 1005 | Tiago Araújo | ABUTRES RUNNING TEAM | Men | SENIOR |
| 1006 | Bruno Esteves | ABUTRES RUNNING TEAM | Men | SENIOR |
| 1007 | José Manuel Antunes Correia | Clube Académico das Gândaras R | Men | M50 |
| 1008 | José Adelino Neves Sequeira | Clube Académico das Gândaras | Men | M60 |
| 1009 | José Manuel Pereira dos Santos | Clube Academico das Gândaras R | Men | M60 |
| 1010 | Márcia Cristino dos Santos | | Women | SENIOR |
| 1011 | Tiago Santos Silva | | Men | M40 |
| 1012 | Rita Garcia Dias | NEL - Pédatleta | Women | SENIOR |
| 1013 | Jorge Luis Gonçalves Vieira | ABC Caxarias | Men | SENIOR |
| 1014 | Carla Isabel Correia Sousa San | Clube Académico das Gândaras | Women | SENIOR |
| 1015 | Jorge Lestro | O MUNDO DA CORRIDA | Men | SENIOR |
| 1016 | Carlos Miguel Lopes Filipe | | Men | M40 |
| 1017 | Nuno Jerónimo Henriques da Cos | | Men | SENIOR |
| 1018 | Nuno Vasconcelos Carvalho | ThunderRunners | Men | SENIOR |

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| Num | Atleta | Equipa | Gender | Classe |
|------|--------------------------------|--------------------------------|--------|--------|
| 1019 | Luís Filipe Amaral de Oliveira | GD Ribeirinhos de Viseu | Men | SENIOR |
| 1020 | Bruno Sousa Querido | Desnível Positivo | Men | M40 |
| 1021 | eurico joão | FreeRunners | Men | SENIOR |
| 1022 | Ismael Costa | FreeRunners | Men | SENIOR |
| 1023 | Filipe Manuel Vicente Afonso | | Men | SENIOR |
| 1024 | ORLANDO MANUEL AVEIRO PIRES | ARSM - ASSOCIAÇÃO RECREATIVA D | Men | M40 |
| 1025 | MARIO PIRES | | Men | M50 |
| 1026 | João Filipe Teixeira Veigas | | Men | SENIOR |
| 1027 | Diogo Roberto | | Men | SENIOR |
| 1028 | Paulo Costa | | Men | SENIOR |
| 1029 | António Figueiredo | GLOBAZ/Destilaria Levira | Men | SENIOR |
| 1030 | Luis Carvalho Lopes | Abutres Running Team | Men | M40 |
| 1031 | Antonio Madeira | Pickle Films | Men | M60 |
| 1032 | Henrique Madeira | Pickle Films | Men | SENIOR |
| 1033 | Jorge José Andrade Assunção | GRClube | Men | M50 |
| 1034 | Manuel Fradinho Bonito | | Men | M40 |
| 1035 | Luís Trindade | | Men | SENIOR |
| 1036 | Pedro João Roque Martins | Tartarugas do Choupal | Men | M40 |
| 1037 | Tiago Figueiredo | | Men | SENIOR |
| 1038 | Ílvia dos santos matos | A.D.SERPINENSE | Women | SENIOR |
| 1039 | Pedro Fernando | GR Clube | Men | M40 |
| 1040 | Maria Mafalda Fernando | GR Clube | Women | SENIOR |
| 1041 | João David Fernando | GR Clube | Men | |
| 1042 | Joao Branquinho | | Men | SENIOR |
| 1043 | André Jorge Neves Simões | | Men | SENIOR |
| 1044 | Filipe Rafael Carvalho Amado | | Men | |
| 1045 | Carlos António Serra Costa | A. D. Serpinense | Men | SENIOR |
| 1046 | Fausto Pimentel | Pantone4 | Men | M40 |
| 1047 | Álvaro Santos | Hand2Hand Club Better Living | Men | SENIOR |
| 1048 | António Guerreiro | Monsanto Running Team | Men | M60 |
| 1049 | Alexandre Travassos Dias | OS Bots | Men | SENIOR |
| 1050 | Pedro Simões | | Men | SENIOR |
| 1051 | Pedro Gabriel | C.A. Amigos Parque da Paz | Men | M40 |
| 1052 | André João Gomes Ruivo | Kickboxing Running Team | Men | SENIOR |
| 1053 | João Paulo Almeida Barata Serr | | Men | SENIOR |
| 1054 | RICARDO RODRIGUES | Pantone4 | Men | SENIOR |
| 1055 | Sergio Leal | | Men | SENIOR |
| 1056 | Miguel Simões | Montanha clube | Men | SENIOR |
| 1057 | ARNALDO FERREIRA | BTTRAIN | Men | SENIOR |
| 1058 | Sérgio Miguel Simões Gonçalo | BTTRAIN | Men | SENIOR |
| 1059 | João Lamas | Abutres Running Team | Men | SENIOR |
| 1060 | Jorge Alexandre Correia Moita | | Men | SENIOR |
| 1061 | Gonçalo Alexandre Fernandes Mo | | Men | |
| 1062 | Mario João Meira Bastardo | Hand 2 Hand Better Club Living | Men | SENIOR |
| 1063 | Miguel Serradas Duarte | Run4Fun | Men | M40 |
| 1064 | Nuno Manuel Ferreira Granadas | Tough Trails | Men | SENIOR |
| 1065 | Pedro Jorge Ferreira Granadas | Tough Trails | Men | SENIOR |

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Lista de Inscritos



| Num | Atleta | Equipa | Gender | Classe |
|------|--------------------------------|--------------------------|--------|--------|
| 1066 | Nelson Diogo | Monsanto Running Team | Men | SENIOR |
| 1067 | Guilherme Loureço | CRP RIBAFRIA | Men | SENIOR |
| 1068 | Luis Serrazina | CRP RIBAFRIA | Men | M40 |
| 1069 | Joel António Santos Martins | Juventude Vidigalense | Men | SENIOR |
| 1070 | Tiago José Neves Simões | | Men | SENIOR |
| 1071 | António Ferreira | | Men | M40 |
| 1072 | Paulo R. Santos | Mountain Trails | Men | M40 |
| 1073 | Lurdes Gil | Mountain trails | Women | F40 |
| 1074 | Jorge Pedro | Mountain trails | Men | M40 |
| 1075 | Agostinho Abranches | CCDPJCOIMBRA | Men | M50 |
| 1076 | jorge dias | CCDPJCOIMBRA | Men | M50 |
| 1077 | João Pedro Mendes | O MUNDO DA CORRIDA | Men | SENIOR |
| 1078 | Fernando Carvalho | CDCR CTT COIMBRA | Men | SENIOR |
| 1079 | Vitor manuel neves leitão | doutor exercício | Men | M40 |
| 1080 | Tiago Ricardo Vicente | | Men | SENIOR |
| 1081 | Romeu Gouveia | Pizzaria Papo-Seco Trail | Men | |
| 1082 | Ana Groznik | Run 4 Fun | Women | F40 |
| 1083 | Ruben Borges | | Men | SENIOR |
| 1084 | Arsénio Fernandes | | Men | M50 |
| 1085 | João Pedro Correia Fernandes | The Fat | Men | SENIOR |
| 1086 | João Pimentel | Holmes Place | Men | SENIOR |
| 1087 | Ruben Borges | | Men | M40 |
| 1088 | Márcio Silva | | Men | |
| 1089 | Tiago Silva | logurte Magro | Men | SENIOR |
| 1090 | Sabina aramehmedovics | logurte Magro | Women | SENIOR |
| 1091 | Antonio Girão | | Men | M50 |
| 1092 | Joao Neto | | Men | SENIOR |
| 1093 | Rui Manuel Da Silva Gomes | GD Os Ribeirinhos | Men | M40 |
| 1094 | David Silva Clemente | | Men | SENIOR |
| 1095 | Jorge Antonio Matos | AMinhaCorrida/Cellfood | Men | M40 |
| 1096 | Luís Boleto | | Men | SENIOR |
| 1097 | Jose Guimaraes | | Men | M40 |
| 1098 | Bruno Safara | | Men | SENIOR |
| 1099 | Maria João Pereira | | Women | SENIOR |
| 1100 | João Alvaro Dos Santos | logurte Magro | Men | SENIOR |
| 1101 | Daniela Filipa Ramos Silva | logurte Magro | Women | SENIOR |
| 1102 | Nuno Miguel Dias | logurte Magro | Men | M40 |
| 1103 | Pedro Filipe Rosmaninho Ferrei | | Men | SENIOR |
| 1104 | Paulo Açafrão | Mountain Trails | Men | M40 |
| 1105 | José Andrade | Mountain Trails | Men | SENIOR |
| 1106 | Luís Andrade | Mountain Trails | Men | SENIOR |
| 1107 | Luís Miguel Jesus Correia Bent | | Men | |
| 1108 | Gonçalo Filipe Matos Gaspar | | Men | SENIOR |
| 1109 | Luis Mendes | | Men | SENIOR |
| 1110 | Pedro Gonçalo Henriques | | Men | SENIOR |
| 1111 | Sergio Carlos Almeida Tavares | | Men | SENIOR |
| 1112 | Emanuel Oliveira | | Men | M40 |

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Km Vertical
Lista de Inscritos



| Num | Atleta | Equipa | Gender | Classe |
|-----------------|----------------|--------|--------|--------|
| 1113 | João Rodrigues | | Men | SENIOR |
| 138 competitors | | | | |

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Lista de Inscritos



| Num | Atleta | Equipa | Gender | Classe |
|------------------------|--------------------------------|--------------------------------|--------|--------|
| GERAL MASCULINO | | | | |
| 1001 | José António Rodrigues Sequeir | Trialmotor Online Trial Shop | Men | SENIOR |
| 1002 | Pedro Tomás Luiz | Correr na Cidade Running Crew | Men | SENIOR |
| 1003 | Armando Ventura | Correr na Cidade Running Crew | Men | M60 |
| 1004 | José David Fernandes | | Men | SENIOR |
| 1005 | Tiago Araújo | ABUTRES RUNNING TEAM | Men | SENIOR |
| 1006 | Bruno Esteves | ABUTRES RUNNING TEAM | Men | SENIOR |
| 1007 | José Manuel Antunes Correia | Clube Académico das Gândaras R | Men | M50 |
| 1008 | José Adelino Neves Sequeira | Clube Académico das Gândaras | Men | M60 |
| 1009 | José Manuel Pereira dos Santos | Clube Academico das Gândaras R | Men | M60 |
| 1011 | Tiago Santos Silva | | Men | M40 |
| 1013 | Jorge Luis Gonçalves Vieira | ABC Caxarias | Men | SENIOR |
| 1015 | Jorge Lestro | O MUNDO DA CORRIDA | Men | SENIOR |
| 1016 | Carlos Miguel Lopes Filipe | | Men | M40 |
| 1017 | Nuno Jerónimo Henriques da Cos | | Men | SENIOR |
| 1018 | Nuno Vasconcelos Carvalho | ThunderRunners | Men | SENIOR |
| 1019 | Luís Filipe Amaral de Oliveira | GD Ribeirinhos de Viseu | Men | SENIOR |
| 1020 | Bruno Sousa Querido | Desnível Positivo | Men | M40 |
| 1021 | eurico joão | FreeRunners | Men | SENIOR |
| 1022 | Ismael Costa | FreeRunners | Men | SENIOR |
| 1023 | Filipe Manuel Vicente Afonso | | Men | SENIOR |
| 1024 | ORLANDO MANUEL AVEIRO PIRES | ARSM - ASSOCIAÇÃO RECREATIVA D | Men | M40 |
| 1025 | MARIO PIRES | | Men | M50 |
| 1026 | João Filipe Teixeira Veigas | | Men | SENIOR |
| 1027 | Diogo Roberto | | Men | SENIOR |
| 1028 | Paulo Costa | | Men | SENIOR |
| 1029 | António Figueiredo | GLOBAZ/Destilaria Levira | Men | SENIOR |
| 1030 | Luis Carvalho Lopes | Abutres Running Team | Men | M40 |
| 1031 | Antonio Madeira | Pickle Films | Men | M60 |
| 1032 | Henrique Madeira | Pickle Films | Men | SENIOR |
| 1033 | Jorge José Andrade Assunção | GRClube | Men | M50 |
| 1034 | Manuel Fradinho Bonito | | Men | M40 |
| 1035 | Luís Trindade | | Men | SENIOR |
| 1036 | Pedro João Roque Martins | Tartarugas do Choupal | Men | M40 |
| 1037 | Tiago Figueiredo | | Men | SENIOR |
| 1039 | Pedro Fernando | GR Clube | Men | M40 |
| 1041 | João David Fernando | GR Clube | Men | |
| 1042 | Joao Branquinho | | Men | SENIOR |
| 1043 | André Jorge Neves Simões | | Men | SENIOR |
| 1044 | Filipe Rafael Carvalho Amado | | Men | |
| 1045 | Carlos António Serra Costa | A. D. Serpinense | Men | SENIOR |
| 1046 | Fausto Pimentel | Pantone4 | Men | M40 |
| 1047 | Álvaro Santos | Hand2Hand Club Better Living | Men | SENIOR |
| 1048 | António Guerreiro | Monsanto Running Team | Men | M60 |
| 1049 | Alexandre Travassos Dias | OS Bots | Men | SENIOR |
| 1050 | Pedro Simões | | Men | SENIOR |

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| Num | Atleta | Equipa | Gender | Classe |
|------|--------------------------------|--------------------------------|--------|--------|
| 1051 | Pedro Gabriel | C.A. Amigos Parque da Paz | Men | M40 |
| 1052 | André João Gomes Ruivo | Kickboxing Running Team | Men | SENIOR |
| 1053 | João Paulo Almeida Barata Serr | | Men | SENIOR |
| 1054 | RICARDO RODRIGUES | Pantone4 | Men | SENIOR |
| 1055 | Sergio Leal | | Men | SENIOR |
| 1056 | Miguel Simões | Montanha clube | Men | SENIOR |
| 1057 | ARNALDO FERREIRA | BTTRAIN | Men | SENIOR |
| 1058 | Sérgio Miguel Simões Gonçalo | BTTRAIN | Men | SENIOR |
| 1059 | João Lamas | Abutres Running Team | Men | SENIOR |
| 1060 | Jorge Alexandre Correia Moita | | Men | SENIOR |
| 1061 | Gonçalo Alexandre Fernandes Mo | | Men | |
| 1062 | Mario João Meira Bastardo | Hand 2 Hand Better Club Living | Men | SENIOR |
| 1063 | Miguel Serradas Duarte | Run4Fun | Men | M40 |
| 1064 | Nuno Manuel Ferreira Granadas | Tough Trails | Men | SENIOR |
| 1065 | Pedro Jorge Ferreira Granadas | Tough Trails | Men | SENIOR |
| 1066 | Nelson Diogo | Monsanto Running Team | Men | SENIOR |
| 1067 | Guilherme Loureço | CRP RIBAFRIA | Men | SENIOR |
| 1068 | Luis Serrazina | CRP RIBAFRIA | Men | M40 |
| 1069 | Joel António Santos Martins | Juventude Vidigalense | Men | SENIOR |
| 1070 | Tiago José Neves Simões | | Men | SENIOR |
| 1071 | António Ferreira | | Men | M40 |
| 1072 | Paulo R. Santos | Mountain Trails | Men | M40 |
| 1074 | Jorge Pedro | Mountain trails | Men | M40 |
| 1075 | Agostinho Abranches | CCDPJCOIMBRA | Men | M50 |
| 1076 | jorge dias | CCDPJCOIMBRA | Men | M50 |
| 1077 | João Pedro Mendes | O MUNDO DA CORRIDA | Men | SENIOR |
| 1078 | Fernando Carvalho | CDCR CTT COIMBRA | Men | SENIOR |
| 1079 | Vitor manuel neves leitão | doutor exercício | Men | M40 |
| 1080 | Tiago Ricardo Vicente | | Men | SENIOR |
| 1081 | Romeu Gouveia | Pizzaria Papo-Seco Trail | Men | |
| 1083 | Ruben Borges | | Men | SENIOR |
| 1084 | Arsénio Fernandes | | Men | M50 |
| 1085 | João Pedro Correia Fernandes | The Fat | Men | SENIOR |
| 1086 | João Pimentel | Holmes Place | Men | SENIOR |
| 1087 | Ruben Borges | | Men | M40 |
| 1088 | Márcio Silva | | Men | |
| 1089 | Tiago Silva | logurte Magro | Men | SENIOR |
| 1091 | Antonio Girão | | Men | M50 |
| 1092 | Joao Neto | | Men | SENIOR |
| 1093 | Rui Manuel Da Silva Gomes | GD Os Ribeirinhos | Men | M40 |
| 1094 | David Silva Clemente | | Men | SENIOR |
| 1095 | Jorge Antonio Matos | AMinhaCorrida/Cellfood | Men | M40 |
| 1096 | Luís Boletto | | Men | SENIOR |
| 1097 | Jose Guimaraes | | Men | M40 |
| 1098 | Bruno Safara | | Men | SENIOR |
| 1100 | João Alvaro Dos Santos | logurte Magro | Men | SENIOR |
| 1102 | Nuno Miguel Dias | logurte Magro | Men | M40 |

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| Num | Atleta | Equipa | Gender | Classe |
|------|---------------------------------------|-----------------|--------|--------|
| 1103 | Pedro Filipe Rosmaninho Ferrei | | Men | SENIOR |
| 1104 | Paulo Açafrão | Mountain Trails | Men | M40 |
| 1105 | José Andrade | Mountain Trails | Men | SENIOR |
| 1106 | Luís Andrade | Mountain Trails | Men | SENIOR |
| 1107 | Luís Miguel Jesus Correia Bent | | Men | |
| 1108 | Gonçalo Filipe Matos Gaspar | | Men | SENIOR |
| 1109 | Luis Mendes | | Men | SENIOR |
| 1110 | Pedro Gonçalo Henriques | | Men | SENIOR |
| 1111 | Sergio Carlos Almeida Tavares | | Men | SENIOR |
| 1112 | Emanuel Oliveira | | Men | M40 |
| 1113 | João Rodrigues | | Men | SENIOR |

103 competitors

Louzan 1000
Km Vertical
Lista de Inscritos



| Num | Atleta | Equipa | Gender | Classe |
|-----------------------|---------------------------------------|------------------------------|--------|--------|
| GERAL FEMININO | | | | |
| 1010 | Márcia Cristino dos Santos | | Women | SENIOR |
| 1012 | Rita Garcia Dias | NEL - Pédatleta | Women | SENIOR |
| 1014 | Carla Isabel Correia Sousa San | Clube Académico das Gândaras | Women | SENIOR |
| 1038 | Ílgia dos santos matos | A.D.SERPINENSE | Women | SENIOR |
| 1040 | Maria Mafalda Fernando | GR Clube | Women | SENIOR |
| 1073 | Lurdes Gil | Mountain trails | Women | F40 |
| 1082 | Ana Groznik | Run 4 Fun | Women | F40 |
| 1090 | Sabina aramehmedovics | logurte Magro | Women | SENIOR |
| 1099 | Maria João Pereira | | Women | SENIOR |
| 1101 | Daniela Filipa Ramos Silva | logurte Magro | Women | SENIOR |

10 competitors

Louzan 1000
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| Num | Atleta | Equipa | Gender | Classe |
|---------------|--------------------------------|--------------------------------|--------|--------|
| SENIOR | | | | |
| 1001 | José António Rodrigues Sequeir | Trialmotor Online Trial Shop | Men | SENIOR |
| 1002 | Pedro Tomás Luiz | Correr na Cidade Running Crew | Men | SENIOR |
| 1004 | José David Fernandes | | Men | SENIOR |
| 1005 | Tiago Araújo | ABUTRES RUNNING TEAM | Men | SENIOR |
| 1006 | Bruno Esteves | ABUTRES RUNNING TEAM | Men | SENIOR |
| 1010 | Márcia Cristino dos Santos | | Women | SENIOR |
| 1012 | Rita Garcia Dias | NEL - Pédatleta | Women | SENIOR |
| 1013 | Jorge Luis Gonçalves Vieira | ABC Caxarias | Men | SENIOR |
| 1014 | Carla Isabel Correia Sousa San | Clube Académico das Gândaras | Women | SENIOR |
| 1015 | Jorge Lestro | O MUNDO DA CORRIDA | Men | SENIOR |
| 1017 | Nuno Jerónimo Henriques da Cos | | Men | SENIOR |
| 1018 | Nuno Vasconcelos Carvalho | ThunderRunners | Men | SENIOR |
| 1019 | Luís Filipe Amaral de Oliveira | GD Ribeirinhos de Viseu | Men | SENIOR |
| 1021 | eurico joão | FreeRunners | Men | SENIOR |
| 1022 | Ismael Costa | FreeRunners | Men | SENIOR |
| 1023 | Filipe Manuel Vicente Afonso | | Men | SENIOR |
| 1026 | João Filipe Teixeira Veigas | | Men | SENIOR |
| 1027 | Diogo Roberto | | Men | SENIOR |
| 1028 | Paulo Costa | | Men | SENIOR |
| 1029 | António Figueiredo | GLOBAZ/Destilaria Levira | Men | SENIOR |
| 1032 | Henrique Madeira | Pickle Films | Men | SENIOR |
| 1035 | Luís Trindade | | Men | SENIOR |
| 1037 | Tiago Figueiredo | | Men | SENIOR |
| 1038 | Ílgia dos santos matos | A.D.SERPINENSE | Women | SENIOR |
| 1040 | Maria Mafalda Fernando | GR Clube | Women | SENIOR |
| 1042 | Joao Branquinho | | Men | SENIOR |
| 1043 | André Jorge Neves Simões | | Men | SENIOR |
| 1045 | Carlos António Serra Costa | A. D. Serpinense | Men | SENIOR |
| 1047 | Álvaro Santos | Hand2Hand Club Better Living | Men | SENIOR |
| 1049 | Alexandre Travassos Dias | OS Bots | Men | SENIOR |
| 1050 | Pedro Simões | | Men | SENIOR |
| 1052 | André João Gomes Ruivo | Kickboxing Running Team | Men | SENIOR |
| 1053 | João Paulo Almeida Barata Serr | | Men | SENIOR |
| 1054 | RICARDO RODRIGUES | Pantone4 | Men | SENIOR |
| 1055 | Sergio Leal | | Men | SENIOR |
| 1056 | Miguel Simões | Montanha clube | Men | SENIOR |
| 1057 | ARNALDO FERREIRA | BTTRAIN | Men | SENIOR |
| 1058 | Sérgio Miguel Simões Gonçalo | BTTRAIN | Men | SENIOR |
| 1059 | João Lamas | Abutres Running Team | Men | SENIOR |
| 1060 | Jorge Alexandre Correia Moita | | Men | SENIOR |
| 1062 | Mario João Meira Bastardo | Hand 2 Hand Better Club Living | Men | SENIOR |
| 1064 | Nuno Manuel Ferreira Granadas | Tough Trails | Men | SENIOR |
| 1065 | Pedro Jorge Ferreira Granadas | Tough Trails | Men | SENIOR |
| 1066 | Nelson Diogo | Monsanto Running Team | Men | SENIOR |
| 1067 | Guilherme Loureço | CRP RIBAFRIA | Men | SENIOR |

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| Num | Atleta | Equipa | Gender | Classe |
|------|---------------------------------------|-----------------------|--------|--------|
| 1069 | Joel António Santos Martins | Juventude Vidigalense | Men | SENIOR |
| 1070 | Tiago José Neves Simões | | Men | SENIOR |
| 1077 | João Pedro Mendes | O MUNDO DA CORRIDA | Men | SENIOR |
| 1078 | Fernando Carvalho | CDCR CTT COIMBRA | Men | SENIOR |
| 1080 | Tiago Ricardo Vicente | | Men | SENIOR |
| 1083 | Ruben Borges | | Men | SENIOR |
| 1085 | João Pedro Correia Fernandes | The Fat | Men | SENIOR |
| 1086 | João Pimentel | Holmes Place | Men | SENIOR |
| 1089 | Tiago Silva | logurte Magro | Men | SENIOR |
| 1090 | Sabina aramehmedovics | logurte Magro | Women | SENIOR |
| 1092 | Joao Neto | | Men | SENIOR |
| 1094 | David Silva Clemente | | Men | SENIOR |
| 1096 | Luís Boleto | | Men | SENIOR |
| 1098 | Bruno Safara | | Men | SENIOR |
| 1099 | Maria João Pereira | | Women | SENIOR |
| 1100 | João Alvaro Dos Santos | logurte Magro | Men | SENIOR |
| 1101 | Daniela Filipa Ramos Silva | logurte Magro | Women | SENIOR |
| 1103 | Pedro Filipe Rosmaninho Ferrei | | Men | SENIOR |
| 1105 | José Andrade | Mountain Trails | Men | SENIOR |
| 1106 | Luís Andrade | Mountain Trails | Men | SENIOR |
| 1108 | Gonçalo Filipe Matos Gaspar | | Men | SENIOR |
| 1109 | Luis Mendes | | Men | SENIOR |
| 1110 | Pedro Gonçalo Henriques | | Men | SENIOR |
| 1111 | Sergio Carlos Almeida Tavares | | Men | SENIOR |
| 1113 | João Rodrigues | | Men | SENIOR |

70 competitors

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| Num | Atleta | Equipa | Gender | Classe |
|------------|------------------------------------|--------------------------------|--------|--------|
| M40 | | | | |
| 1011 | Tiago Santos Silva | | Men | M40 |
| 1016 | Carlos Miguel Lopes Filipe | | Men | M40 |
| 1020 | Bruno Sousa Querido | Desnível Positivo | Men | M40 |
| 1024 | ORLANDO MANUEL AVEIRO PIRES | ARSM - ASSOCIAÇÃO RECREATIVA D | Men | M40 |
| 1030 | Luis Carvalho Lopes | Abutres Running Team | Men | M40 |
| 1034 | Manuel Fradinho Bonito | | Men | M40 |
| 1036 | Pedro João Roque Martins | Tartarugas do Choupal | Men | M40 |
| 1039 | Pedro Fernando | GR Clube | Men | M40 |
| 1046 | Fausto Pimentel | Pantone4 | Men | M40 |
| 1051 | Pedro Gabriel | C.A. Amigos Parque da Paz | Men | M40 |
| 1063 | Miguel Serradas Duarte | Run4Fun | Men | M40 |
| 1068 | Luis Serrazina | CRP RIBAFRIA | Men | M40 |
| 1071 | António Ferreira | | Men | M40 |
| 1072 | Paulo R. Santos | Mountain Trails | Men | M40 |
| 1074 | Jorge Pedro | Mountain trails | Men | M40 |
| 1079 | Vitor manuel neves leitão | doutor exercicio | Men | M40 |
| 1087 | Ruben Borges | | Men | M40 |
| 1093 | Rui Manuel Da Silva Gomes | GD Os Ribeirinhos | Men | M40 |
| 1095 | Jorge Antonio Matos | AMinhaCorrida/Cellfood | Men | M40 |
| 1097 | Jose Guimaraes | | Men | M40 |
| 1102 | Nuno Miguel Dias | logurte Magro | Men | M40 |
| 1104 | Paulo Açafrão | Mountain Trails | Men | M40 |
| 1112 | Emanuel Oliveira | | Men | M40 |

23 competitors

**Louzan 1000
Km Vertical
Lista de Inscritos**



| Num | Atleta | Equipa | Gender | Classe |
|------------|------------------------------------|--------------------------------|--------|--------|
| M50 | | | | |
| 1007 | José Manuel Antunes Correia | Clube Académico das Gândaras R | Men | M50 |
| 1025 | MARIO PIRES | | Men | M50 |
| 1033 | Jorge José Andrade Assunção | GRClube | Men | M50 |
| 1075 | Agostinho Abranches | CCDPJCOIMBRA | Men | M50 |
| 1076 | jorge dias | CCDPJCOIMBRA | Men | M50 |
| 1084 | Arsénio Fernandes | | Men | M50 |
| 1091 | Antonio Girão | | Men | M50 |

7 competitors

**Louzan 1000
Km Vertical
Lista de Inscritos**



| Num | Atleta | Equipa | Gender | Classe |
|------------|---------------------------------------|--------------------------------|--------|--------|
| M60 | | | | |
| 1003 | Armando Ventura | Correr na Cidade Running Crew | Men | M60 |
| 1008 | José Adelino Neves Sequeira | Clube Académico das Gândaras | Men | M60 |
| 1009 | José Manuel Pereira dos Santos | Clube Academico das Gândaras R | Men | M60 |
| 1031 | Antonio Madeira | Pickle Films | Men | M60 |
| 1048 | António Guerreiro | Monsanto Running Team | Men | M60 |

5 competitors

Timing

